

# Breakfast for Lunch with Nurse Steve



**Thursday, May 12, Noon**

Bring your friends and enjoy a delicious breakfast for lunch. A variety of breakfast foods will be offered.

Nurse Steve's talk will be  
"My doctor orders blood work but how does my blood work...  
a discussion on components and conditions that affect the  
circulatory system"

**Sign-up by Monday, May 9**  
**\$4.68 (Regular meal cost)**



**Urbana Senior Center**  
**9020 Amelung Street, Frederick, MD 21704**  
(located on the lower level of the Urbana Regional Library)

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